

A Thought About Memorial Day

by

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As a person who spent much of his adult life in foreign countries around the world a few words about a special American day seems appropriate - Memorial Day 2020. For many of us in the land of the free and the home of the brave Memorial Day has been relegated an extra day wearing cut off pants and casual clothes, BBQ, eating potato salad, hot dogs and spend time with friends and neighbors.

I'm the Director of a group called Operation New Outlook, we are a nonprofit group dedicated to helping veterans and first responders struggling with issues of Post traumatic Stress (Disorder). I am blessed to have some genuine military heroes that basically represent all branches of the service.

Memorial Day is a moment we acknowledge the gift of giving the most precious gift we have in our country - freedom. We know as a people that freedom is not free and the choice to stand and fight for freedom not just for yourself but for your country and the values for which it stands.

To me it's really important that we recognize the gift that we have that has been paid for with the blood of patriots and the sacrifice of those who recognize the extraordinary gift we have as Americans.

So sometimes during this weekend of celebration may I suggest you take a quiet moment for yourself and reflect upon those who have given you this gift of Memorial Day with their honor, integrity, and courage.

God bless America and all of those who know what it means to be a part of this worlds greatest social experiment.

So let's enjoy the hotdogs, Coke and friends who share this gift with us. I think it's also very important to know that we all came from some place else in most cases. Regardless of where that was, we are here now on this special day where we memorialize those who have sacrificed for this wonderful gift, perhaps the most important gift of all, freedom.

It's time to decorate our house with the red, white and blue. Lest we never forget - Happy Memorial Day and pass the mustard please.



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